



FITNESS SUPERVISOR JOB DESCRIPTION

Departmental Student Employment Philosophy: As a student employee with Campus Recreation, you will play a vital role in providing recreational and social experiences to the university community. In combination with gaining experience in interpersonal communication and conflict resolution, employment with Campus Recreation will provide you with personal and professional development sessions, leadership opportunities, and comprehensive training programs designed to enhance your self-awareness, sense of community on campus, and critical problem-solving skills.

General Position Description: Fitness Supervisors are primarily responsible for providing a clean, safe and helpful workout environment for the users of the Recreation Center, as well as provide assistance to those working out. Additionally, Fitness Supervisors will be responsible for cleaning assigned areas and assisting with the needs of the Building Managers as needed.

Minimum Skills and Qualifications:

- Federal Work Study
- Must maintain current American Red Cross CPR/AED and First Aid certifications
- Team oriented ideals, willingness to work hard, and a desire to learn
- Must currently be enrolled in classes at LUC unless permission is granted by supervisor
- Effective communication and organizational skills

Preferred Skills and Qualifications:

- Previous experience in a service position is preferred

Job Duties:

- Ensure a safe workout environment through constant circulation of the floor
- Be able to identify participant exercise risk and concern
- Keep the fitness floor clean and make sure all weights are in their proper place
- Enforce all building policies and procedures, such as no bags on the floor and proper dress code
- Execute emergency procedures when necessary and report any incident of injury, theft, or broken equipment to the Building Manager on duty
- Communicates effectively with the Fitness Supervisor Lead, Fitness Coordinator and fellow peers

Work Location and Environment:

- As a Fitness Supervisor, the position has employees constantly moving throughout the cardio area, courts, and weight room. Light lifting may be required.

Learning Outcomes:

1. Identify at least one way in which sense of community on campus has developed.
2. Identify at least two ways in which communication skills have developed.
3. Identify at least two ways in which problem-solving skills have developed.
4. Identify at least one way in which self-awareness has developed.
5. Identify at least one way in which leadership skills have developed.